

# UPDATED NUMBERS



**Addiction Hotline 866-210-1303**

**24/7 support & anonymous for any resident to receive assistance with addiction**

**Texas Abuse Hotline (CPS) 800-252-5400**

**24/7 support - Report abuse, neglect or exploitation of children, adults w/ disabilities, or people 65 or older**

**National Domestic Violence Hotline 800-799-7233**

**24/7 support**

**Suicide & Crisis Lifeline Call or Text 988**

**24/7 support w/ mental health struggles, emotional distress, alcohol or drug concerns or just need someone to talk to**

**Texas Poison Control 800-222-1222**

**24/7 support**

**Texas Youth Helpline Call or Text 800-989-6884**

**Confidential services for youth & families in crisis: conflict, financial, runaway, suicide**